



# How to Discover Your Talents

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You'll never know what you're truly good at until you give different things a try. When you take action to find your strengths, you just might surprise yourself. Perhaps there's something you've always wanted to try, but you think that you wouldn't be any good at it.

***You simply won't know until you try!***

When you discover your talents, it can be an eye opening and fulfilling experience for you. The things you're good at are often things you enjoy doing the most. Your talents could even stem into a full-blown career where you wouldn't only be helping yourself, you'd be helping others too.

**Finding your talents may be tricky, that's why we came up with 6 simple tips:**

- 1. Follow Your Current Interests.** A great place to start is to reflect on your current interests. This will guarantee that you'll enjoy what you're doing when you discover your hidden talents. An example would be if you love music, consider pursuing an active role in the creation of music instead of just remaining a fan. You could take up an instrument or learn more about the technical aspects such as sound mixing.
- 2. Step Outside of the Comfort Zone.** Of course, stepping outside of your comfort zone may be difficult at first. No one likes to feel vulnerable, but you'll also hear people saying that they're glad that they stepped outside of their comfort zone. The fact is ***you won't be able to discover new talents if you're not open to new things and experiences.***
- 3. Travel.** Traveling around the world or your home country can open you up to new experiences. It's a great way to step outside of your comfort zone and take in other cultures. When you travel, you'll get new ideas and make new discoveries, but if you stay at home, your thinking may be limited by routine. Some things you might discover are artistic or athletic talents, or you may even be inspired to pursue new career goals.

4. **Reading.** Travelling may not always be an option. It can be pricey and time consuming, but *reading is a great way to open up the creative juices while staying home.* You can read books on any subject that piques your interest. Also, don't forget about the power of the internet and all of the reading materials that are available only a search away.
5. **Take Community Classes.** Community classes are an excellent way to discover talents for quite a few reasons. One is the fact that they're so close and accessible to you. Also, they're usually offered at affordable prices. Once you've chosen a class to attend, you'll get a good idea about the subject over the span of the course. At the end, you can decide whether or not it's right for you. If not, you can move on and try a different course until you find one that meshes well with your needs and desires.
6. **Talk With Friends.** Keep open dialogues going with your friends and colleagues. Talk about how they discovered their passion and what they did to sharpen their skills. Perhaps you'll find that you have similar interests among your friends, and if so, you can then pursue these interests together.

### **Don't Give Up**

In the end, the only thing you need to discover your talents is the *will to keep trying.* Once you've found your true talents, you'll enjoy fulfillment, success, fun, and happiness. Who wouldn't want a life filled with that?