

Personal Reflection Exercises...

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My accomplishments are a direct product of my effort. I know it may require hard work to achieve something worthwhile, but I see this fact as a great opportunity to achieve my wildest dreams! All I need is some hard work? I can do that!

I create my own luck because ***I am the driving force behind my success.*** If I want something, I create a strategic plan to attain my objective and implement it until I have reached my destination.

I firmly believe that I am in control of my destiny. I refuse to settle for any situation simply because it is the hand that I have been dealt. When life gives me lemons, I throw them back! If a door in my path is locked, I break it down and continue on my rightful journey.

I am aware that my dreams may take some time to achieve. ***I chip away at my goals one small piece at a time*** in order to ensure success.

I am my biggest competition. Each time I set out on a new road, ***I strive to beat my own record.*** I avoid comparing myself to others, because there simply is no comparison.

I am the person I want to be: strong, determined, and with my eyes set on an end-result that I can ultimately attain.

Today, I believe in myself. With determination, hard work, and preparation, I can achieve my wildest dreams.

Self-Reflection Questions:

1. What are my wildest dreams?
2. How can I attain my most complex goals?
3. What are some ways I can create my own luck?